



# Sun Protection Policy

May 2023

## Rationale

Too much of the sun's UV radiation can cause sunburn, skin and eye damage and skin cancer. Too little UV radiation from the sun can lead to low Vitamin D levels, essential for healthy bones and muscles.

## Objective

This sun protection policy has been developed to encourage the entire school community to use a combination of sun protection measures during Terms 1 and 4, when the risk for damaging sun exposure is higher.

## Procedures

The school uses a combination of sun protection measures for all outdoor activities during Terms 1 and 4. These are also considered when planning outdoor events.

### Clothing:

Sun protective clothing is included in the school uniform/ dress code. This includes the use of rash tops or t-shirts for outdoor swimming.

### Sunscreen:

Students can provide their own SPF 30 or higher, broad-spectrum, water-resistant sunscreen and the school will also supply SPF 30 or higher, broad-spectrum, water-resistant sunscreen for staff and student use.

Sunscreen is reapplied before going outdoors in the afternoon and is regularly reapplied during outdoor activities.

### Hats:

All students and staff are required to wear hats that protect their face, neck, head and ears whenever they are outside. Baseball or peaked caps are not acceptable.

Parents may request their children to wear their hats at any time during the year.

Students who do not have appropriate hats or clothing are asked to apply in the shade or find suitable protection from the sun,

### Shade:

The school ensures there is sufficient number of shelters and shade within the school grounds for the student enrolment numbers.

The availability of shade is considered when planning excursions and outdoor activities

Students are encouraged to use undercover play area when outside

### Sunglasses:

Use is optional but should meet Australian standards.

### Role modelling:

During Terms 1 & 4, staff are requested to role model the use of a combination of sun safety measures.

During Terms 1 & 4, families and visitors are encouraged to role model the use of a combination of sun safety measures.

### Curriculum:

Sun safety awareness is in the curriculum for all year levels and is regularly discussed with students.

Approved by Governing Council